

Maple Turkey Pancake Wrap

PER SERVING (1 ea.)

200 CALORIES	2.5g SAT FAT	310mg SODIUM	17.0g CARBS
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Allergens: Contains Egg, Gluten, Soy, Wheat.

Made With: WG Maple Turkey Pancake Wrap, Bulk (GROUND TURKEY, MECHANICALLY SEPARATED TURKEY & TEXTURED VEGETABLE PROTEIN LINK: GROUND TURKEY, MECHANICALLY SEPARATED TURKEY, WATER, TEXTURED VEGETABLE PROTEIN PRODUCT (SOY PROTEIN CONCENTRATE, CARAMEL COLOR, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, CYANOCOBALAMIN), CONTAINS LESS THAN 2% OF SALT, POTASSIUM LACTATE, POTASSIUM ACETATE, SPICES, SODIUM PHOSPHATE, POTASSIUM CHLORIDE, SUGAR, CARAMEL COLOR, SODIUM DIACETATE, SODIUM NITRITE., BATTER INGREDIENTS: WATER, WHOLE WHEAT FLOUR, SUGAR, SOYBEAN OIL, CONTAINS LESS THAN 2% OF LEAVENING, (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), NATURAL AND ARTIFICIAL SWEET MAPLE FLAVOR (MODIFIED CORN STARCH, ACESULFAME POTASSIUM, NATURAL FLAVORING, MAPLE SYRUP, CARAMEL COLOR), EGG YOLK, SALT, ARTIFICIAL FLAVOR, SOY FLOUR. FRIED IN VEGETABLE OIL.)

100% Apple Juice

PER SERVING (4 fl oz cup)

60 CALORIES	0.0g SAT FAT	0mg SODIUM	14.0g CARBS
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Allergens:

Made With: Apple Juice, 4 oz, paper carton (WATER, APPLE JUICE CONCENTRATE)

Apple Cherry Juice

PER SERVING (4 fl oz cup)

60 CALORIES	0.0g SAT FAT	5mg SODIUM	15.0g CARBS
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Allergens:

Made With: Apple Cherry Juice (WATER, APPLE AND CHERRY JUICE CONCENTRATES.)

Apple Cinnamon Muffin

PER SERVING (1 muffin)

190 CALORIES	2.0g SAT FAT	130mg SODIUM	30.0g CARBS
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Allergens: Contains Egg, Gluten, Soy, Wheat.

Made With: Muffin, apple cinnamon, Delicious Essentials, Otis Spunkmeyer, WGR, 2 oz (WHOLE WHEAT FLOUR, SUGAR, EGGS, WATER, ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), APPLESAUCE (APPLES, WATER, ASCORBIC ACID [VITAMIN C]), INVERT SUGAR, SOYBEAN OIL, CONTAINS 2% OR LESS OF: PALM OIL, CANOLA OIL, PROPYLENE GLYCOL MONO- AND DIESTERS OF FATS AND FATTY ACIDS, WHEAT GLUTEN, OAT FIBER, LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), MONO- AND DIGLYCERIDES, CINNAMON, MODIFIED CORN STARCH, POTASSIUM SORBATE (PRESERVATIVE), SODIUM ALGINATE, SALT, SOY LECITHIN, NATURAL FLAVORS, SODIUM STEAROYL LACTYLATE, CARAMEL COLOR, ENZYMES.)

Apple Slices IW USDA

PER SERVING (1 pkg.)

34 CALORIES	0.0g SAT FAT	0mg SODIUM	8.0g CARBS
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Allergens:

Made With: Apple Slices Fresh (Apples, Ascorbic Acid, Calcium Carbonate (a blend of calcium and Vitamin C to maintain Freshness and color).)

Bagel

PER SERVING (1 ea.)

170 CALORIES	0.0g SAT FAT	260mg SODIUM	35.0g CARBS
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Allergens: Contains Wheat.

Made With: Whole Grain Plain Bagel (WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, HONEY, SUGAR, contains 2% or less of: WHEAT GLUTEN, SALT, YEAST, CALCIUM PROPIONATE and SORBIC ACID (preservatives), MONO-DIGLYCERIDES, GUAR GUM, ASCORBIC ACID, CITRIC ACID, L-CYSTEINE, ENZYMES, HYDROGENATED SOYBEAN OIL.)

Bagel

PER SERVING (1/2 ea.)

85 CALORIES	0.0g SAT FAT	130mg SODIUM	17.5g CARBS
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Allergens: Contains Wheat.

Made With: Whole Grain Plain Bagel (WHOLE WHEAT FLOUR, ENRICHED UNBLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, HONEY, SUGAR, contains 2% or less of: WHEAT GLUTEN, SALT, YEAST, CALCIUM PROPIONATE and SORBIC ACID (preservatives), MONO-DIGLYCERIDES, GUAR GUM, ASCORBIC ACID, CITRIC ACID, L-CYSTEINE, ENZYMES, HYDROGENATED SOYBEAN OIL.)

Banana

PER SERVING (1 medium (7" to 7-7/8" long))

105 CALORIES	0.1g SAT FAT	1mg SODIUM	27.0g CARBS
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Allergens:

Made With: Bananas (BANANA)

Banana

PER SERVING (1/2 medium (7" to 7-7/8" long))

53 CALORIES	0.1g SAT FAT	1mg SODIUM	13.5g CARBS
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Allergens:

Made With: Bananas (BANANA)

Banana Chocolate Chunk BeneFIT Bar

PER SERVING (1 Bar)

280 CALORIES	3.0g SAT FAT	220mg SODIUM	48.0g CARBS
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Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Made With: Breakfast Bar, BeneFIT Readi-Bake, banana chocolate chunk, WGR, 2.5 oz (WHOLE WHEAT FLOUR, SUGAR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CHOCOLATE CHUNKS (SUGAR, UNSWEETENED CHOCOLATE, COCOA BUTTER, DEXTROSE, SOY LECITHIN [AN EMULSIFIER], SALT, VANILLA), OATS, EGGS, INTERESTERIFIED SOYBEAN OIL, INVERT SYRUP, BANANA PUREE (WITH ADDED CITRIC ACID AND/OR ASCORBIC ACID), CANOLA OIL, MOLASSES, BAKING POWDER (BAKING SODA, SODIUM ACID PYROPHOSPHATE, CORN STARCH, MONOCALCIUM PHOSPHATE), WHEY, NATURAL FLAVORS, XANTHAN GUM, INULIN, SALT, SPICE.)

Banana Muffin

PER SERVING (1 muffin)

190 CALORIES	2.0g SAT FAT	130mg SODIUM	30.0g CARBS
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Allergens: Contains Egg, Gluten, Soy, Wheat.

Made With: Muffin, banana, Delicious Essentials, Otis Spunkmeyer, WGR, 2 oz (WHOLE WHEAT FLOUR, SUGAR, EGGS, WATER, BANANAS, ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), INVERT SUGAR, SOYBEAN OIL, CONTAINS 2% OR LESS OF: PALM OIL, CANOLA OIL, OAT FIBER, PROPYLENE GLYCO MONO- AND DIESTERS OF FATS AND FATTY ACIDS, WHEAT GLUTEN, LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), MONO- AND DIGLYCERIDES, MODIFIED CORN STARCH, POTASSIUM SORBATE (PRESERVATIVE), SODIUM ALGINATE, SALT, SOY LECITHIN, SODIUM STEAROYL LACTYLATE, NATURAL FLAVOR, ENZYMES.)

Blueberry Muffin

PER SERVING (1 muffin)

190 CALORIES	2.0g SAT FAT	130mg SODIUM	30.0g CARBS
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Allergens: Contains Egg, Gluten, Soy, Wheat.

Made With: Muffin, blueberry, Delicious Essentials, Otis Spunkmeyer, WGR, 2 oz (WHOLE WHEAT FLOUR, SUGAR, EGGS, WATER, ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), BLUEBERRIES, INVERT SUGAR, SOYBEAN OIL, CONTAINS 2% OR LESS OF: PALM OIL, CANOLA OIL, PROPYLENE GLYCO MONO- AND DIESTERS OF FATS AND FATTY ACIDS, OAT FIBER, LEAVENING (SODIUM ALUMINUM PHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), MONO- AND DIGLYCERIDES, MODIFIED CORN STARCH, POTASSIUM SORBATE (PRESERVATIVE), SODIUM ALGINATE, SALT, SOY LECITHIN, SODIUM STEAROYL LACTYLATE, NATURAL BLUEBERRY FLAVOR, NATURAL AND ARTIFICIAL FLAVOR, BLUEBERRY JUICE CONCENTRATE, MALIC ACID, BLACKBERRY JUICE CONCENTRATE, ENZYMES.)

Breakfast Sandwich with Sausage and Cheese

PER SERVING (1 ea.)

220 CALORIES	4.0g SAT FAT	515mg SODIUM	21.5g CARBS
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Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: Wheat English Muffin (WHOLE WHEAT FLOUR, WATER, YEAST, WHEAT GLUTEN CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: HONEY, BROWN SUGAR, RAISIN JUICE CONCENTRATE, SOYBEAN OIL AND/OR COTTONSEED OIL, SEA SALT, MOLASSESS, ACESULFAME POTASSIUM SUCRALSOSE, DATEM, MONO AND DIGLYCERIDES, CORN MEAL, CALCIUM SULFATE, CALCIUM PEROXIDE, LACTIC ACID, FUMARIC ACID, CALCIUM PROPIONATE (TO RETARD SPOILAGE), ASCORBIC ACID.); Country Turkey Sausage Patty (TURKEY, SEASONING (SALT, SPICES, SUGAR, DEXTROSE, SPICE EXTRACT, BHA, PROPYL GALLATE, CITRIC ACID), CAMEL COLOR.); American Cheese, 160 slice (yellow) (CULTURED PASTEURIZED MILK AND SKIM MILK, CREAM, SODIUM CITRATE, SALT, CONTAINS LESS THAN 2% OF MILKFAT, SORBIC ACID (PRESERVATIVE), LACTIC ACID, BETA-CARTENE AND APO-CAROTENAL (COLOR), ENZYMES, SOY LECITHIN AND SOYBEAN OIL BLEND.)

Breakfast Sandwich with Sausage and Cheese

PER SERVING (1/2 ea.)

110 CALORIES	2.0g SAT FAT	258mg SODIUM	10.8g CARBS
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Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: Wheat English Muffin (WHOLE WHEAT FLOUR, WATER, YEAST, WHEAT GLUTEN CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: HONEY, BROWN SUGAR, RAISIN JUICE CONCENTRATE, SOYBEAN OIL AND/OR COTTONSEED OIL, SEA SALT, MOLASSESS, ACESULFAME POTASSIUM SUCRALSOSE, DATEM, MONO AND DIGLYCERIDES, CORN MEAL, CALCIUM SULFATE, CALCIUM PEROXIDE, LACTIC ACID, FUMARIC ACID, CALCIUM PROPIONATE (TO RETARD SPOILAGE), ASCORBIC ACID.); Country Turkey Sausage Patty (TURKEY, SEASONING (SALT, SPICES, SUGAR, DEXTROSE, SPICE EXTRACT, BHA, PROPYL GALLATE, CITRIC ACID), CAMEL COLOR.); American Cheese, 160 slice (yellow) (CULTURED PASTEURIZED MILK AND SKIM MILK, CREAM, SODIUM CITRATE, SALT, CONTAINS LESS THAN 2% OF MILKFAT, SORBIC ACID (PRESERVATIVE), LACTIC ACID, BETA-CARTENE AND APO-CAROTENAL (COLOR), ENZYMES, SOY LECITHIN AND SOYBEAN OIL BLEND.)

Cereal, Golden Grahams

PER SERVING (1 bowl)

112 CALORIES	0.0g SAT FAT	210mg SODIUM	23.8g CARBS
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Allergens: Contains Gluten, Wheat.

Made With: Golden Grahams Bowlpak Cereal (Whole Grain Wheat, Corn Meal, Sugar, Brown Sugar Syrup, Dextrose, Canola Oil, Baking Soda, Salt, Natural Flavor. Vitamins, and Minerals: Calcium Carbonate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine, hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin, D3. CONTAINS WHEAT INGREDIENTS.)

Cheerios

PER SERVING (1 bowl)

100 CALORIES	0.5g SAT FAT	140mg SODIUM	20.0g CARBS
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Allergens:

Made With: Cheerios Cereal (WHOLE GRAIN OATS, CORN STARCH, SUGAR, SALT, TRIPOTASSIUM PHOSPHATE, VITAMIN E (MIXED TOCOPHEROLS) ADDED TO PRESERVE FRESHNESS, VITAMINS AND MINERALS: CALCIUM CARBONATE, IRON AND ZINC (MINERAL NUTRIENTS), VITAMIN C (SODIUM ASCORBATE), A B VITAMIN (NIACINAMIDE), VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN A (PALMITATE), VITAMIN B1 (THIAMIN MONONITRATE), A B VITAMIN (FOLIC ACID), VITAMIN B12, VITAMIN D3.)



Chocolate Milk

PER SERVING (1 Half Pint)

120 CALORIES	0.0g SAT FAT	190mg SODIUM	20.0g CARBS
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Allergens: Contains Milk.

Made With: Nonfat Chocolate Milk Berkeley (Nonfat milk, sugar, contains less than 1% of: Cocoa (processed with alkali), corn starch, salt, carrageenan, natural flour, Vitamin A Palmitate, Vitamin D3.)

Cinnamon Bun

PER SERVING (1 ea.)

259 CALORIES	2.2g SAT FAT	324mg SODIUM	41.0g CARBS
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Allergens: Contains Egg, Milk, Wheat.

Made With: Cinnamon Bun (100% WHOLE WHEAT FLOUR, ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, VEGETABLE SHORTENING (CANOLA OIL, HYDROGENATED COTTONSEED OIL, MONO- & DIGLYCERIDES, POLYSORBATE 60, CITRIC ACID ADDED AS A PRESERVATIVE), PUMPKIN, YEAST. CONTAINS 2% OR LESS OF THE FOLLOWING: DEXTROSE, WHEY, DISTILLED MONOGLYCERIDES, SALT, SOYBEAN OIL, DEFATTED SOY FLOUR, SPICE (CINNAMON), FLAVOR (NATURAL & ARTIFICIAL), GUAR GUM, CALCIUM PROPIONATE, VITAL WHEAT GLUTEN, SODIUM STEAROYL LACTYLATE, SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, AMMONIUM SULFATE, XANTHAN GUM, CORN STARCH, CALCIUM SULFATE, DRIED WHOLE EGGS, COCOA (ALKALI), CORN SYRUP, AGAR, ENZYMES, BETA CAROTENE (COLOR), ASCORBIC ACID, ENZYMES.)

Cinnamon Toast Crunch Cereal

PER SERVING (1 bowl)

110 CALORIES	0.5g SAT FAT	160mg SODIUM	22.0g CARBS
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Allergens: Contains Gluten, Soy, Wheat.

Made With: Cinnamon Toast Crunch Cereal, reduced sugar (WHOLE GRAIN WHEAT, SUGAR, RICE FLOUR, RICE BRAN AND/OR CANOLA OIL, POLYDEXTROSE, MALTODEXTRIN, FRUCTOSE, DEXTROSE, SALT, CINNAMON, TRISODIUM PHOSPHATE, SOY LECITHIN, CARAMEL COLOR, BHT ADDED TO PRESERVE FRESHNESS. VITAMINS AND MINERALS: CALCIUM CARBONATE, ZINC AND IRON (MINERAL NUTRIENTS), VITAMIN C (SODIUM ASCORBATE), A B VITAMIN (NIACINAMIDE), VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B12 (RIBOFLAVIN), VITAMIN B1 (THIAMINE MONONITRATE), VITAMIN A (PALMITATE), A B VITAMIN (FOLIC ACID), VITAMIN B12, VITAMIN D3.)

Country Breakfast Sausage Link

PER SERVING (1 sausage)

61 CALORIES	1.0g SAT FAT	91mg SODIUM	0.0g CARBS
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Allergens:

Made With: Country Sausage Link (TURKEY, SEASONING (SALT, SPICES, SUGAR, DEXTROSE, SPICE EXTRACT, BHA, PROPYL GALLATE, CITRIC ACID), CAMEL COLOR.)

Cream Cheese Spread

PER SERVING (1 pkg.)

70 CALORIES	4.0g SAT FAT	115mg SODIUM	1.0g CARBS
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Allergens: Contains Milk.

Made With: Cream Cheese Spread (PASTEURIZED NONFAT MILK AND MILKFAT, WHEY PROTEIN CONCENTRATE, CHEESE CULTURE, SALT, CAROB BEAN GUM, XANTHAN GUM, GUAR GUM, SORBIC ACID (AS A PRESERVATIVE), VITAMIN A PAMITATE.)

Egg & Cheese Breakfast Sandwich

PER SERVING (1 ea.)

195 CALORIES	3.5g SAT FAT	470mg SODIUM	22.5g CARBS
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Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Made With: Wheat English Muffin (WHOLE WHEAT FLOUR, WATER, YEAST, WHEAT GLUTEN CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: HONEY, BROWN SUGAR, RAISIN JUICE CONCENTRATE, SOYBEAN OIL AND/OR COTTONSEED OIL, SEA SALT, MOLASSESS, ACESULFAME POTASSIUM SUCRALSOSE, DATEM, MONO AND DIGLYCERIDES, CORN MEAL, CALCIUM SULFATE, CALCIUM PEROXIDE, LACTIC ACID, FUMARIC ACID, CALCIUM PROPIONATE (TO RETARD SPOILAGE), ASCORBIC ACID.); Square Egg Patty (WHOLE EGGS, WATER, WHEY SOLIDS, NONFAT DRIED MILK, CORN SYRUP SOLIDS, XANTHAN GUM AND, CITRIC ACID.); American Cheese, 160 slice (yellow) (CULTURED PASTEURIZED MILK AND SKIM MILK, CREAM, SODIUM CITRATE, SALT, CONTAINS LESS THAN 2% OF MILKFAT, SORBIC ACID (PRESERVATIVE), LACTIC ACID, BETA-CARTENE AND APO-CAROTENAL (COLOR), ENZYMES, SOY LECITHIN AND SOYBEAN OIL BLEND.)

French Toast Sticks

PER SERVING (2 stick.)

128 CALORIES	1.0g SAT FAT	148mg SODIUM	18.7g CARBS
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Allergens: Contains Gluten, Soy, Wheat.

Made With: French Toast Sticks (BREAD (WATER, WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR [WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WHEAT GLUTEN, SUGAR, YEAST, SALT, SOYBEAN OIL, CULTURED WHEAT FLOUR, VINEGAR, ENZYMES, ASCORBIC ACID, SOY LECITHIN, SOY FLOUR), WATER, WHOLE WHEAT FLOUR, SOYBEAN OIL, SUGAR, ENRICHED YELLOW CORN FLOUR (YELLOW CORN FLOUR, NIACIN, IRON AS FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: CARRAGEENAN, DEXTROSE, DRIED YEAST, GUM ARABIC, LEAVENING (BAKING SODA, MONOCALCIUM PHOSPHATE), NATURAL AND ARTIFICIAL FLAVOR, SALT, SOY FLOUR, SOY LECITHIN.)

Fresh Oranges

PER SERVING (1 small (2-3/8" dia))

45 CALORIES	0.0g SAT FAT	0mg SODIUM	11.3g CARBS
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Allergens:

Made With: Oranges, raw, all commercial varieties (ORANGES)

Frosted Mini Wheats Cereal

PER SERVING (1 bowl)

100 CALORIES	0.0g SAT FAT	0mg SODIUM	24.0g CARBS
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Allergens: Contains Wheat.

Made With: Frosted Mini Wheats Cereal (WHOLE GRAIN WHEAT, SUGAR, CONTAINS 2% OR LESS OF BROWN RICE SYRUP, GELATIN, BHT FOR FRESHNESS. VITAMINS AND MINERALS: REDUCED IRON, NIACINAMIDE, VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B2 (RIBOFLAVIN), VITAMIN B1(THIAMIN HYDROCHLORIDE), ZINC OXIDE, FOLIC ACID, VITAMIN B12)

Graham Cracker

PER SERVING (1 pkg.)

90 CALORIES	0.0g SAT FAT	95mg SODIUM	17.0g CARBS
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Allergens: Contains Gluten, Soy, Wheat. Processed in a facility that also processes Egg, Milk.

Made With: Crackers, graham, honey, WGR, Keebler, 3 count (WHOLE WHEAT FLOUR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 (THIAMIN MONONITRATE), VITAMIN B2 (RIBOFLAVIN), FOLIC ACID), SUGAR, CANOLA OIL, MOLASSES, HONEY, CORN SYRUP, CONTAINS 2% OR LESS OF LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE), SALT, SOY LECITHIN.)

Honey Nut Cheerios Cereal

PER SERVING (1 bowl)

110 CALORIES	0.0g SAT FAT	160mg SODIUM	22.0g CARBS
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Allergens: Contains Tree nuts.

Made With: Honey Nut Cheerios Cereal (WHOLE GRAIN OATS, SUGAR, OAT BRAN, CORN STARCH, HONEY, BROWN SUGAR SYRUP, SALT, TRIPOTASSIUM PHOSPHATE, RICE BRAN OIL AND/OR CANOLA OIL, NATURAL ALMOND FLAVOR, VITAMIN E (MIXED TOCOPHEROLS) ADDED TO PRESERVE FRESHNESS. VITAMINS AND MINERALS: CALCIUM CARBONATE, ZINC AND IRON (MINERAL NUTRIENTS), VITAMIN C (SODIUM ASCORBATE), A B VITAMIN (NIACINAMIDE), VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B2 (RIBOFLAVIN), VITAMIN B1 (THIAMIN MONONITRATE), VITAMIN A (PALMITATE), A B VITAMIN (FOLIC ACID), VITAMIN B12, VITAMIN D3.)

Honey Nut Chex Cereal

PER SERVING (1 bowl)

120 CALORIES	0.0g SAT FAT	190mg SODIUM	27.0g CARBS
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Allergens: Contains Tree nuts.

Made With: Honey Nut Chex Cereal (WHOLE GRAIN CORN, CORN MEAL, SUGAR, HONEY, SALT, BROWN SUGAR SYRUP, MOLASSES, RICE BRAN AND/OR CANOLA OIL, NATURAL ALMOND FLAVOR, NATURAL FLAVOR. VITAMIN E (MIXED TOCOPHEROLS) ADDED TO PRESERVE FRESHNESS. VITAMINS AND MINERALS: CALCIUM CARBONATE, IRON AND ZINC (MINERAL NUTRIENTS), VITAMIN C (SODIUM ASCORBATE), A B VITAMIN (NIACINAMIDE), VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B2 (RIBOFLAVIN), VITAMIN B1 (THIAMIN MONONITRATE), VITAMIN A (PALMITATE), A B VITAMIN (FOLIC ACID), VITAMIN B12, VITAMIN D3. Vitamin B2 (riboflavin), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.)

Juice, fruit punch, 100% Suncup, 4 fl oz

PER SERVING (4 fl oz cup)

60 CALORIES	0.0g SAT FAT	5mg SODIUM	14.0g CARBS
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Allergens:

Made With: Fruit Punch (WATER, APPLE , ORANGE, PINEAPPLE,
GRAPE AND/OR PEAR JUICE CONCENTRATES.)

Milk

PER SERVING (1 Half Pint)

130 CALORIES	1.5g SAT FAT	160mg SODIUM	16.0g CARBS
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Allergens: Contains Milk.

Made With: Lowfat White Milk Berkeley (LOWFAT MILK,
CONDENSED SKIM MILK, VITAMIN A PALMITATE,
VITAMIN D3)

Mini Eggo Pancake Bites

PER SERVING (1 pkg.)

210 CALORIES	1.0g SAT FAT	320mg SODIUM	35.0g CARBS
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Allergens: Contains Egg, Gluten, Milk, Soy, Wheat. Processed in a facility that also processes Tree nuts.

Made With: Pancakes, mini, maple, WGR, Eggo Bites (WHOLE WHEAT FLOUR, WATER, SUGAR, VEGETABLE OIL (SOYBEAN, PALM, AND/OR CANOLA OIL), BUTTERMILK, EGGS, CONTAINS 2% OR LESS OF LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), NATURAL FLAVORS, FRUCTOSE, SALT, CORN CEREAL, YELLOW CORN FLOUR, CORNSTARCH, CORN SYRUP SOLIDS, COCOA (PROCESSED WITH ALKALI), SOY LECITHIN, VITAMIN A PALMITATE, REDUCED IRON, NIACINAMIDE, VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B1 (THIAMIN HYDROCHLORIDE), VITAMIN B2 (RIBOFLAVIN), VITAMIN B12.)

Oatmeal Chocolate Breakfast Bar

PER SERVING (1 Bar)

289 CALORIES	3.0g SAT FAT	240mg SODIUM	46.9g CARBS
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Allergens: Contains Egg, Gluten, Milk, Soy, Wheat.

Made With: Oatmeal Chocolate Chip Benefit Bar (WHOLE WHEAT FLOUR, SUGAR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), OATS, CHOCOLATE CHIPS (SUGAR, UNSWEETENED CHOCOLATE, COCOA BUTTER, SOY LECITHIN [AN EMULSIFIER], VANILLA), EGGS, INTERESTERIFIED SOYBEAN OIL, INVERT SYRUP, CANOLA OIL, MOLASSES, WHEY, LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE, CORN STARCH), NATURAL FLAVORS, INULIN, XANTHAN GUM, SALT.)

Orange Smiles

PER SERVING (6 slice or wedge)

63 CALORIES	0.0g SAT FAT	0mg SODIUM	15.7g CARBS
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Allergens:

Made With: Oranges, raw, all commercial varieties (ORANGES)

Raisin Bran Cereal

PER SERVING (1 bowl)

110 CALORIES	0.0g SAT FAT	125mg SODIUM	27.0g CARBS
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Allergens: Contains Gluten, Wheat.

Made With: Cereal, ready-to-eat, Raisin Bran, bowlpack, WGR, 1.25 oz, Kelloggs (WHOLE GRAIN WHEAT, RAISINS, WHEAT BRAN, SUGAR, BROWN SUGAR SYRUP, CONTAINS 2% OR LESS OF SALT, MALT FLAVOR, POTASSIUM CHLORIDE, NIACINAMIDE, REDUCED IRON, VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), ZINC OXIDE, VITAMIN B2 (RIBOFLAVIN), VITAMIN B1 (THIAMIN HYDROCHLORIDE), VITAMIN A PALMITATE, FOLIC ACID, VITAMIN D, VITAMIN B12.)

Raisins

PER SERVING (1 Box)

132 CALORIES	0.0g SAT FAT	10mg SODIUM	31.4g CARBS
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Allergens:

Made With: Raisins, box (Raisins. California grown.)

Raspberry Rainbow Yogurt

PER SERVING (1 4 oz container)

80 CALORIES	0.0g SAT FAT	65mg SODIUM	15.0g CARBS
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Allergens: Contains Milk.

Made With: Raspberry Rainbow Yogurt (CULTURED PASTEURIZED GRADE A LOW FAT MILK, SUGAR, CORN STARCH, CONTAINS LESS THAN 1% OF: VEGETABLE JUICE AND FRUIT JUICE (FOR COLOR), NATURAL FLAVOR, POTASSIUM SORBATE ADDED TO MAINTAIN FRESHNESS, VITAMIN A ACETATE, VITAMIN D3.)



Ready-to-Serve Apples

PER SERVING (1 kiddie (<2-1/2" dia))

48 CALORIES	0.0g SAT FAT	1mg SODIUM	12.6g CARBS
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Allergens:

Made With: Kiddie Sized Fresh Apples (APPLE)



Rice Chex Cereal

PER SERVING (1 ea.)

100 CALORIES	0.0g SAT FAT	250mg SODIUM	24.0g CARBS
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Allergens:

Made With: Rice Chex Cereal (WHOLE GRAIN RICE, RICE, SUGAR, SALT, MOLASSES. VITAMIN E (MIXED TOCOPHEROLS) AND BHT ADDED TO PRESERVE FRESHNESS. VITAMINS AND MINERALS: CALCIUM CARBONATE, IRON AND ZINC (MINERAL NUTRIENTS), VITAMIN C (SODIUM ASCORBATE), A B VITAMIN (NIACINAMIDE), VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B2 (RIBOFLAVIN), VITAMIN B1 (THIAMIN MONONITRATE), VITAMIN A (PALMITATE), A B VITAMIN (FOLIC ACID), VITAMIN B12, VITAMIN D3.)

Sausage Breakfast Pizza

PER SERVING (1 slice)

210
CALORIES

2.0g
SAT FAT

480mg
SODIUM

26.0g
CARBS



Allergens: Contains Gluten, Milk, Soy, Wheat.

Made With: Turkey Sausage Breakfast Pizza (CRUST: WHITE WHOLE WHEAT FLOUR, WATER, ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, YEAST, VEGETABLE OIL (SOYBEAN, COTTONSEED, CORN, AND/OR CANOLA OIL), CONTAINS 2% OR LESS OF WHEAT GLUTEN, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE, CALCIUM LACTATE), SEA SALT, FOOD STARCH, DEFATTED SOY FLOUR, DOUGH CONDITIONER (WHEAT STARCH, L-CYSTEINE HYDROCHLORIDE, AMMONIUM SULFATE), ENZYMES (CONTAINS WHEAT). TOPPINGS: COOKED TURKEY PIZZA TOPPING (TURKEY BREAKFAST SAUSAGE [MECHANICALLY SEPARATED TURKEY, SEASONING {SALT, NATURAL FLAVOR, DEXTROSE, SUGAR, CITRIC ACID, BHA, BHT}, WATER], TEXTURED VEGETABLE PROTEIN [SOY FLOUR, CARAMEL COLOR, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, CYANOCOBALAMIN], WATER), LOW MOISTURE PART SKIM MOZZARELLA CHEESE (CULTURED PASTEURIZED PART SKIM MILK, SALT, ENZYMES), SUBSTITUTE MOZZARELLA CHEESE (WATER, CORN OIL AND/OR SOY OIL, CASEIN, MODIFIED FOOD STARCH, WHEY, NONFAT DRY MILK, NATURAL FLAVOR, SODIUM ALUMINUM PHOSPHATE, SALT, LACTIC ACID, SODIUM PHOSPHATE, SORBIC ACID [PRESERVATIVE], XANTHAN GUM, VITAMIN AND MINERAL SUPPLEMENT (MAGNESIUM OXIDE, DICALCIUM PHOSPHATE, ZINC OXIDE, RIBOFLAVIN [VITAMIN B2], ELECTROLYTIC IRON, FOLIC ACID, PYRIDOXINE HYDROCHLORIDE [VITAMIN B6], NIACINAMIDE, THIAMINE MONONITRATE [VITAMIN B1], CYANOCOBALAMIN [VITAMIN B12], VITAMIN A PALMITATE), ARTIFICIAL COLOR). SAUCE: TOMATOES (WATER, TOMATO PASTE [NO LESS THAN 28% SOLUBLE SOLIDS]), MALTODEXTRIN, MODIFIED FOOD STARCH, CONTAINS 2% OR LESS OF: SALT, SPICE, SUGAR, HYDROLYZED SOY AND CORN PROTEIN, PAPRIKA, GARLIC POWDER, POWDERED CELLULOSE.)

Strawberry Banana Bash Yogurt

PER SERVING (1 4 oz container)

80 CALORIES	0.0g SAT FAT	60mg SODIUM	15.0g CARBS
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Allergens: Contains Milk.

Made With: Strawberry Banana Bash Yogurt (Cultured Pasteurized Grade A Low Fat Milk, Sugar, Corn Starch. Contains Less Than 1% of: Natural Flavor, Vegetable Juice (for color), Potassium Sorbate Added to Maintain Freshness, Vitamin A Acetate, Vitamin D3.VITAMIN D3.)

Strawberry Yogurt

PER SERVING (1 container (4 oz))

70 CALORIES	0.0g SAT FAT	60mg SODIUM	14.0g CARBS
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Allergens: Contains Milk.

Made With: Strawberry Blast Yogurt, Danimals, 4 oz (CULTURED PASTEURIZED GRADE A LOW FAT MILK, SUGAR, MODIFIED CORN STARCH, KOSHER GELATIN, CITRIC ACID, NATURAL FLAVOR, POTASSIUM SORBATE ADDED TO MAINTAIN FRESHNESS, COLORED WITH VEGETABLE JUICE, BETA CAROTENE AND TUMERIC EXTRACT, VITAMIN A ACETATE, VITAMIN D3.)

String Cheese Mozzarella

PER SERVING (1 ea.)

80 CALORIES	4.0g SAT FAT	200mg SODIUM	1.0g CARBS
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Allergens: Contains Milk.

Made With: String Cheese (PASTEURIZED PART SKIM MILK, CHEESE CULTURES, SALT, ENZYMES)

Syrup

PER SERVING (1 oz.)

CALORIES	^g SAT FAT	^{mg} SODIUM	^g CARBS
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Allergens:

Made With: Maple Syrup Single Serve (CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, WATER, NATURAL AND ARTIFICIAL MAPLE FLAVOR, POTASSIUM SORBATE AS PRESERVATIVE, CARAMEL COLOR, CITRIC ACID.)

Tangerine

PER SERVING (1 ea.)

50 CALORIES	0.0g SAT FAT	0mg SODIUM	10.9g CARBS
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Allergens:

Made With: Tangerine (Tangerine)
