

Administrative Services

EMPLOYEE HEALTH & WELLNESS

PVSD wants our students, families and employees to be safe, healthy and feel supported. The Office of Administration oversees health, student services, and certificated staff.

If you are in need of assistance, we can connect you with resources, services and trainings.

As the District's only credentialed, qualified health professionals, we provide education and consultation to students and staff on health, nutrition, special health care needs of children, accessing health care, self-health care, being a health care consumer, domestic violence and safe school environment.

It is the policy of our District to provide a safe and healthful workplace.

In compliance with California law, and to promote the concept of a safe workplace, the District maintains training plans to limit the exposure to potentially harmful pathogens, toxins and viruses.

A comprehensive assessment of safe work practices can be found in the following District plans:

[Bloodborne Pathogen Exposure Control Plan](#)

[PVSD 2021-2022 School Operations COVID 19 Prevention and Response Manual](#)

Mental wellbeing or distress resources:

[Stress & Anxiety](#)

[Warning Signs of Suicide](#)

Health Services Trainings

[COVID 19 Visual Assessment Training](#)

[Certificated Health Services Training](#) (Certificated Staff Only)

For questions regarding the District's health or wellness program, please contact:

Carol Bjordahl

Assistant Superintendent, Administrative Services

cbjordhal@pleasantvalleysd.org

Cindy Marquez

Administrative Assistant

cmarquez@pleasantvalleysd.org

Cyndie Cole

District Nurse

ccole@pleasantvalleysd.org

Jinky Mosdale

District Nurse

jmosdale@pleasantvalleysd.org



Pleasant Valley School District

600 Temple Avenue • Camarillo, CA 93010 • (805) 389-2100 (Office) • www.pleasantvalleysd.org

PVSD prepares 21st century learners who are responsible members of our global society.